



*Come Holy Spirit, fill the hearts of your faithful. Kindle in them the fire of your love. Send forth your spirit and they shall be created and you will renew the face of the earth.*

## Confirmation Sponsor Validation

### Confirmation Sponsors must be:

1. Catholic in good standing (see next section)
2. At least 16 years of age

### Good Standing

1. Received Sacraments of Initiation: Baptism:\_\_\_\_\_ Eucharist:\_\_\_\_\_ Confirmation:\_\_\_\_\_
2. Regularly attends Mass (ie. Sundays and other Holy Days of Obligation):\_\_\_\_\_
3. Lives and practices the teachings of the Catholic Church:\_\_\_\_\_
4. If married, in a marriage recognized by the Catholic Church:\_\_\_\_\_
5. Married/Single: living a lifestyle consistent with the moral teachings of the church:\_\_\_\_\_
6. Free from the burden of canonical penalties (i.e. ex-communication):\_\_\_\_\_

### Who can not be a Confirmation Sponsor

- Non-Catholic
- Parents
- Those who can not answer 'yes' to all of the above statements.

### Sponsor Information

*I promise to give my support to the confirmation candidate by my prayers, my continued interest in his/her growth as a Catholic, and the Christian example of my daily life. I do hereby solemnly declare that I fulfill all the above requirements to act as a Confirmation Sponsor.*

Candidate Name: \_\_\_\_\_

Sponsor Signature: \_\_\_\_\_

Sponsor Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Parish Name and Address: \_\_\_\_\_

To my knowledge \_\_\_\_\_ meets the requirements of a Confirmation Sponsor.

Priest/Parish Staff: \_\_\_\_\_ Date: \_\_\_\_\_

(Include Parish Seal)

## Things to Pray About and Discern Throughout Formation

**Parent responsibility:** It is recommended that parents and the candidate collaborate on choosing an adult sponsor, in good standing with the church, with whom the candidate can speak about his/her faith.

**Why the Sacrament of Confirmation?** Prior to his ascension into heaven, Jesus told his apostles that he would send them the Holy Spirit to be their advocate and guide, and on the Feast of Pentecost, the promised gift of the Holy Spirit fell on the apostles and the Virgin Mary as they prayed in the Upper Room, empowering them to be witnesses of Jesus in the world. “The Sacrament of Confirmation perfects Baptismal grace; it is the sacrament which gives the Holy Spirit in order to root us more deeply in the divine filiation, incorporate us more firmly into Christ, strengthen our bond with the Church, associate us more closely with her mission, and help us to bear witness to the Christian faith in words accompanied by deeds.” (CCC1316) “Confirmation, like Baptism, imprints a spiritual mark or indelible character on the Christian’s soul; for this reason, one can receive this sacrament only once in one’s life.” (CCC1317)

**What is the role of a Confirmation Sponsor?** Just as the sponsor for baptism takes upon himself/herself the responsibility of helping the newly baptized person mature in the living of a Christian life and offers his or her own life and practice of the faith as an example of faith, prayer, and service within the Catholic Church, the Sponsor for Confirmation continues that work for the person who is to be confirmed. The Sacrament of Confirmation also creates a strong spiritual bond between the one who is confirmed and the sponsor. The sponsor should be committed to trying to be a part of the confirmandi’s life by presence and prayer, always realizing that a sponsor’s prayers for that person are especially efficacious before Almighty God. One’s “yes” to be a sponsor for Confirmation is not just a “yes” to the candidate but also a serious commitment to God in taking on this obligation.